

NUTTI-WHEAT MUFFINS

INGREDIENTS

- ½ cup oil
- 2 eggs
- 1 ½ cups brown sugar
- 1 tsp vanilla essence
- 2 cups milk
- pinch of salt
- 1 cup nutty wheat flour
- 1 ½ cups cake flour
- 2 cups digestive bran
- 2 tsp. bicarb
- 1 cup raisins (optional)

METHOD

Whisk oil, eggs, sugar, vanilla essence and milk altogether.

Mix well. Add rest of ingredients.

Bake or keep in refrigerator.

Dough can stay in refrigerator for 30 days.