

SALT & PEPPER CABBAGE & CHICKEN

INGREDIENTS

- ½ kg. Chicken fillets (cut into pieces)
- ½ cabbage (cleaned and cut into thick slices)
- 1 tbs. ginger & garlic
- 1 onion (sliced)
- 1 tsp. whole jeero
- little oil
- ½ tsp. black pepper
- 2 pieces whole pepper (crushed)
- 1 tsp. green chillies
- 3 potatoes (cut into thick cubes)
- salt to taste

METHOD

In pot add all ingredients and cabbage and leave to cook. Once cabbage is halfway cooked then add in chicken fillet and potatoes. Further cook until potatoes and chicken are cooked.