

SALT & PEPPER CHICKEN

INGREDIENTS

- 1 chicken (cut into pieces)
- 1 tsp. ginger/garlic
- 1 tbls. chicken spice (optional)
- 1 tsp. green chillies
- 1 tsp. black pepper
- 2 tbls. Worcester sauce
- 1 tsp. parsley
- ¼ cup ghee
- 1 tsp. Aromat (available at Akhalwaya's store in Lenasia)

METHOD

Mix all ingredients together and cook.

Serve with baked potatoes and onion rings.

BAKED POTATOES WITH CREAMY SAUCE

- 6 potatoes (baked)

In pot add :

- ½ cup mayonnaise
- ¼ cup mustard sauce
- ¼ pnd. Butter
- ½ tsp. black pepper
- ½ tsp. mixed herbs

Cook all the above for 5 minutes. Pour sauce over baked potatoes.